



# The Inside Scoop



## Summer Salads Supper

Tuesday, July 21  
5:30 p.m.

Learn some new summer salad recipes!

Guest Chef Kitty Devilbiss will help us  
prepare a supper of summer salads.

Sign-up by Thursday, July 16  
\$4.68 (Regular meal cost)

**The Inside Scoop: Education & Ice Cream**

3<sup>rd</sup> Tuesday evening of each month

**Urbana Senior Center**

**9020 Amelung Street, Frederick, MD 21704**

(located on the lower level of the Urbana Regional Library)

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[www.FrederickCountyMD.gov/aging](http://www.FrederickCountyMD.gov/aging)